October 1, 2018

Dear Coach:

You and your track team are cordially invited to participate in the 23rd Annual Bob Hayes Middle School Invitational Track Meet to be held at William M. Raines High School on Friday Evening, March 15, 2019.

The Middle School Meet is open to 6th, 7th and 8th Graders. Each school will be limited to three (3) contestants in the individual events, and one (1) in the relay events.

Enclosed is a Schedule of Events along with information on the Track and Field Developmental Clinic. Due to the late starting of your season, all events will run as Finals. No team scoring and places according to time.

Enclosed is entry information, for the Middle School meet through Direct Athletics. PLEASE, NO PHONE OR FAX ENTRIES WILL BE ACCEPTED! For your convenience a link to Direct Athletic is on our website or www.directathletics.com. The online entry will be open until 11:55 P.M. Thursday - Night, March 14, 2019.

For your convenience, a schedule of the High School schedule of events, is enclosed for Saturday- March 17, 2018.

The Awards will consist of Trophies for 1st, place and Ribbons for 2nd through 8th place.

DUE TO THE INCONVENIENCE OF SOME OF THE PARTICIPANTS, WE ARE REQUESTING EACH COACH TO TURN IN AN ELIGIBILITY LIST AT REGISTRATION AT AWARD TABLE IN THE CENTER OF THE FIELD BEFORE THE MEET.

ADMISSION - Student $4.00 - Adult $5.00 - Starting at 11:00 A.M.
NO PASSES (COACHES)

__________________________________________  ______________________________________
Vincent Hall, Principal                Lewis Carter, Athletic Director

__________________________________________  ______________________________________
James Day, Meet Director/Developer                ________________________________  ________________________________
                                              Lewis James, Girls Track Coach                Nathaniel Washington, President
11:30 A.M. Athletes assemble in the East Bleachers, Press Box Side of the Stadium
11:45 A.M. Introduction of Clinicians
11:55 A.M. Move athletes from bleachers to starting event
12:00-1:45 P.M. Movement of Athletes, **20 minutes** at each station throughout the entire clinic.
1:50 P.M. Move all **Middle School Athletes** back to East Bleachers and Clerk of Course.
1:55 P.M. National Anthem
2:00 P.M. **MIDDLE SCHOOL INVITATIONAL TRACK AND FIELD MEET**

**ORDER OF EVENTS**

1. Girls - 100 Meter Low Hurdles
2. Boys - 100 Meter Low Hurdles
3. Girls - 100 Meter Dash
4. Boys - 100 Meter Dash
5. Girls - 1600 Meter Run
6. Boys - 1600 Meter Run
7. Girls - 400 Meter Dash
8. Boys - 400 Meter Dash
9. Girls - 4X100 Meter Relay
10. Boys - 4X100 Meter Relay
11. Girls - 800 Meter Run
12. Boys - 800 Meter Run
13. Girls - 4X200 Meter Relay
14. Boys - 4X200 Meter Relay
15. Girls - 200 Meter Dash
16. Boys - 200 Meter Dash
17. Girls - 4X400 Meter Relay
18. Boys - 4X400 Meter Relay
20. Boys - Long Jump

**Entry:** Each Middle School may enter three (3) Athletes in the individual events and one (1) relay in the relay events.

**Notes:** The Middle School Meet is open to 6th, 7th and 8th Graders.

**Awards:** 1st. Place receive a Trophy - 2nd. -8th. receives Ribbons.

**Attire:** Dress in School Track Uniform and/or attire for participation in the meet
# LIST OF ACTIVITIES AND/OR EVENTS

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Event Details</th>
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| Sunday     | March 10, 2019   | 10:00 A.M. | Worship Service  
Impact Church  
8985 Lone Star Road  
Jacksonville, Florida 32211 |
| Monday     | March 11, 2019   | 9:00 A.M. | James (Coach) Day  
Scholarship Golf Tournament  
Deercreek Country Club  
7816 McLaurin Road North  
Jacksonville, Florida 32256  
7:00 P.M.  
Officials Workshop and Dinner Meeting  
Raines High School Cafeteria |
| Tuesday    | March 12, 2019   | 12:00 Noon | Press Conference  
Raines Track  
3663 Raines Avenue |
| Thursday   | March 14, 2019   | 7:00 P.M. | Hall of Fame Banquet  
Lexington Jacksonville Riverwalk  
1515 Prudential Drive  
Jacksonville, Florida |
| Friday     | March 15, 2019   | 11:00 A.M. | Bob Hayes Track & Field Developmental Clinic  
Earl Kitchings Stadium - Raines High School  
2:00 P.M.  
Middle School Invitational Track & Field Meet  
Earl Kitchings Stadium - Raines High School  
7:00 P.M.  
Coaches-Officials and VIP's Cook-Out  
Jimmie Johnson  
4359 Homer Road * Jacksonville, FL 32209 |
| Saturday   | March 16, 2019   | 8:00 A.M. | Bob Hayes Invitational Track and Field Meet  
Earl Kitchings Stadium  
Raines High School  
3663 Raines Avenue - Jacksonville, FL 32209 |
BOB HAYES INVITATIONAL TRACK & FIELD MEET
TIME SHEET AND ORDER OF EVENTS
SATURDAY, MARCH 16, 2019

7:00 A.M. ALL GATES OPEN – (IF NECESSARY – ROLLING SCHEDULE –BOYS & GIRLS)
7:00 NO Coaches Meeting, however pick-up packet at the first tent to the left after entering into the pass gate
8:00 3200 Meter Relay (Finals) Girls and Boys
8:00 Pole Vault - Trials and Finals - (North Area) - Girls
Shot Put - Trials and Finals (South Circle) - Boys
High Jump - Trials and Finals (South Area) - Boys
Long Jump - Trials and Finals - Girls
Discus - Trials and Final (West Circle) - Girls
Long Jump - Trials and Finals - Boys
8:45 100 Meter Hurdles - Girls
9:00 110 Meter High Hurdles - Boys
10:00 100 Meter Dash - Girls
10:40 100 Meter Dash - Boys
11:20 4x100 Meter Relay - Girls
11:30 4x100 Meter Relay - Boys
11:40 400 Meter Dash - Girls
11:55 400 Meter Dash - Boys
Pole Vault - Trials and Finals (North Area) Boys will follow the Girls
Shot Put - Trials and Finals (South Circle) Girls will follow the Boys
Discus - Trials and Finals (West Circle) Boys will follow the Girls
High Jump - Trials and Finals (South Area) Girls will follow the Boys
Triple Jump - Trials and Finals - Girls will follow the Long Jump
Triple Jump - Trials and Finals - Boys will follow the Long Jump
12:10 300 Meter Low Hurdles - Girls
12:25 300 Meter Intermediates Hurdles - Boys
12:40 200 Meter Dash – Girls
12:55 200 Meter Dash – Boys
1:10 1600 Meter Run – Girls - Final
1:25 1600 Meter Run – Boys - Final
1:40 P.M. INTERMISSION - Presentation of Special Award - National Anthem
2:30 P.M. Greg Coleman 100 Meter Hurdles – Girls
2:35 Greg Coleman 110 Meter Hurdles – Boys
2:40 Middle School 100 Meter Dash – Girls
2:45 Middle School 100 Meter Dash - Boys
2:50 100 Meter Dash - Girls
2:55 100 Meter Dash – Boys
3:00 Lewis Siplin's One Mile Run (Invitational) – Girls
3:07 Lewis Siplin's One Mile Run (Invitational) – Boys
3:15 Middle School 4X100 Meter Relay – Girls
3:20 Middle School 4X100 Meter Relay – Boys
3:25 400 X 100 Meter Relay – Girls
3:30 400 X 100 Meter Relay – Boys
3:40 Louie Bing 400 Meter Dash – Girls
3:45 Louie Bing 400 Meter Dash – Boys
3:50 300 Meter Low Hurdles – Girls
3:55 300 Meter Intermediate Hurdles – Boys
4:02 800 Meter Run – Girls
4:19 800 Meter Run - Boys
4:24 200 Meter Dash – Girls
4:29 200 Meter Dash - Boys
4:34 3200 Meter Run - Girls
4:54 3200 Meter Run - Boys
5:10 James Day 4X400 (1600 m) Relay - Girls
5:40 James Day 4X400 (1600m) Relay - Boys
6:10 P.M. AWARDS- Championship-Runner-up, Outstanding Girl & Boy, Most All Around Boy or Girl
INDIVIDUAL AWARDS AWARDED AFTER EACH EVENT HAS BEEN FINALIZED
BOB HAYES MIDDLE SCHOOL INVITATIONAL
MIDDLE SCHOOL ELIGIBILITY FORM

Circle One  Boys    Girls
Forms Must be turn-in at the Award Table during Registration before the starting of
the Meet

__________________________________________  __________________________
School Name                                                                 Date

List all participating students (Please Print or Type)

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Principal Name  (Please Print)  Principal Signature

Coach Name  (Please Print)  Coach Signature
BOB HAYES MIDDLE SCHOOL INVITATIONAL
MIDDLE SCHOOL REGISTRATION

BOYS                                                GIRLS

SCHOOL NAME____________________________________________
School Address____________________________________________
County___________________City___________________Zip_________
Principal___________________________________________________
Coach_____________________________________________________
Coach’s Email_____________________________________________
Hotel______________________________________________________

Please submit this form to the Official at the award table or Fax (904) 359-0599
or (904) 924-9844

DUE TO THE INCONVENIENCE OF SOME OF THE PARTICIPANTS, WE ARE
REQUESTING EACH COACH TO TURN IN AN ELIGIBILITY LIST (List of Athlete Names,
Grade, GPA and Date of Birth) AT REGISTRATION AT AWARD TABLE IN THE CENTER OF
THE FIELD BEFORE THE MEET.